



PFIVEL83712

ProForm® Ellipse Touch 5.0

Flywheel	12 Kg
Stride Length	34 cm
Resistance	16 Levels
Display	Backlit Matrice 30x64
Workouts	21 workouts (1 manual, 10 preset, 4 programmable, 4 based on pulse, 1 watt and 1 BodyFat)
Pulse	Dual-Grip EKG™ System Indicating your pulse by contact on sensors
Entertainment	Touch Screen Console Easy to use and navigate
Others	Large Pedals
Weight Capacity	115 kg
Product Size	113 x 67 x 166 cm
Box Size	109 x 46 x 57 cm
Product Weight	44 Kg



Dual-Grip EKG™ Heart Rate Monitor and Polar Chest Optional

Make the most out of every workout by monitoring your heart rate with sensors built right into the handlebars. Monitor your heart rate with these convenient built-in handlebar sensors.

Backlit Matrice Display 30 x64

Track your progress on this large, easy-to-read display. Monitor your speed, time, distance and calories burned so you stay in touch with your workout. This display also features a workout matrix for a graphical representation of your workout.

Touch-Screen Display

Perfectly clear and easy to read, this touch-scren display has a large viewing angle so no matter how tall or short you are, you can always keep track of your workout progress. It displays your speed, time, distance, pulse and calories burned.

1-16 Digital Resistance Levels

16 Resistance levels allow you to adjust your workout resistance for increased calorie burn and higher intensity.

SMR™ Silent Magnetic Resistance

This smooth, frictionless resistance system allows you to adjust your workout intensity without interrupting your workout.

21 programmes which modify automatically the resistance:

- 1 manual program
- 10 preset with precise goals. For each one, you get your profil on the screen.
- 4 programs based on your pulse (55%, 75%, 90%, from the high theoretical pulse and one your target heart) for a total control of your workout.
- 4 programmable program which allow you to create easily on the screen your own programs.
- 1 Watt program for a better power control.
- 1 Body Fat program which gives you your BMI (Body Mass Index), your BMR (Bomy Mass Rate) and your FAT %.

Transport Wheels

The built-in wheels make moving this bike from one place to another fast and easy.

Think about the planet and "Love the World"!

Each ProForm products are "Love the World" certified which means that ProForm compensate all carbon emission generate by the Development, Production, Transportation and use of this machine. So stay confident and think about the planet when you acquire this fitness equipment.

Norm :

EN957.1 and 9 classe H (home use) for mechanical part
CE Norm for the electrical part of the console
In respect of the WEEE Norm for recycling the electrical products

Technical Informations :

EAN Code : 00 43619 87312 2
Transformer : 230V/50Hz - 8V 500mA
Box Size :109 x 46 X 57 cm
Box Weight : 49,9 Kgs